

# Preparing the General Community to Assist in the Safe Return of Cognitively Impaired Individuals

Meredeth A. Rowe, RN, PhD



### The Problem

- 'elderly man killed by train...man wandered from personal care home'
- 'Hawthorne woman..found dead..found in a heavily shrubbed area exposed to rain, heat and chill'
- 'man killed by fire truck sent to assist him'
- 'man found dead by pond..bled to death from alligator bites'

### Clinical Problem

- persons with dementia become lost in the community
  - under what circumstances do they become lost
  - where are they found
  - who finds them
  - what are signs someone needs help
  - what circumstances are linked to deaths after becoming lost

### Research Studies

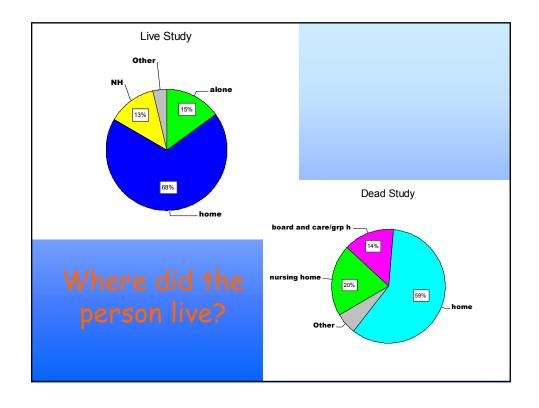
- Study 1 Found Alive
  - Safe Return discovery files
    - 625 cases
  - Safe Return missing files
    - 55 cases
  - post hoc descriptive design

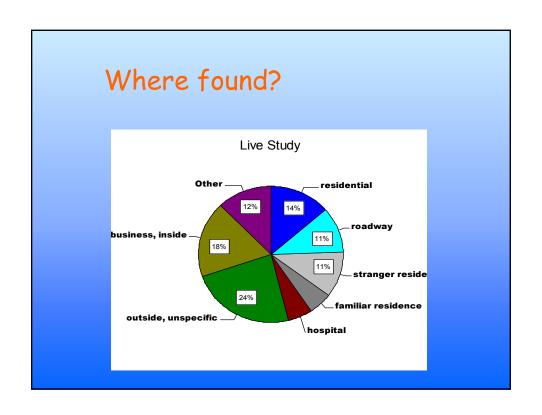
- Study 2 Found Dead
  - newspaper articles
    - ongoing study
    - 100 cases / 50 cases
  - post hoc descriptive design

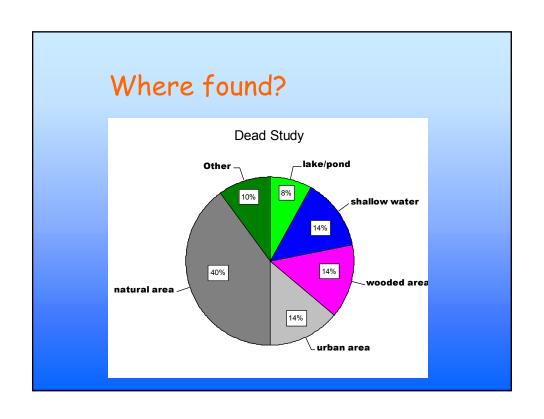
### Research Studies

- Study 1 Found Alive
  - age
    - range 48-102
    - mean 78 ± 9.0
  - gender
    - males 52%
  - transportation
    - walking 88%
    - driving 7%

- Study 2 Found Dead
  - age
    - 60-91
    - mean 78±6.5
  - gender
    - male 67%
  - transportation
    - walking 90%
    - driving 9%
    - hitchhiked 1%



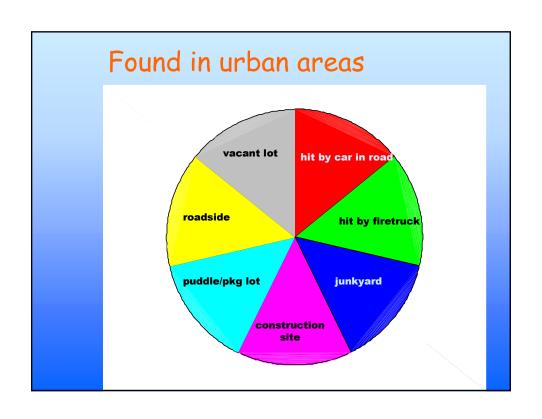




### Natural areas

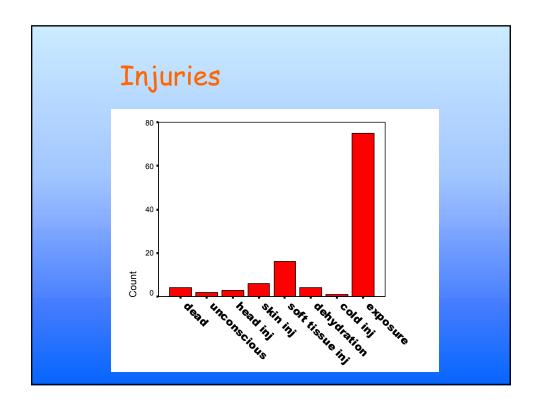
- bike path
- cactus bed
- corn field
- creek bed
- ditch/thick vegetationsalt creek channel
- dry creek bed
- dry riverbed

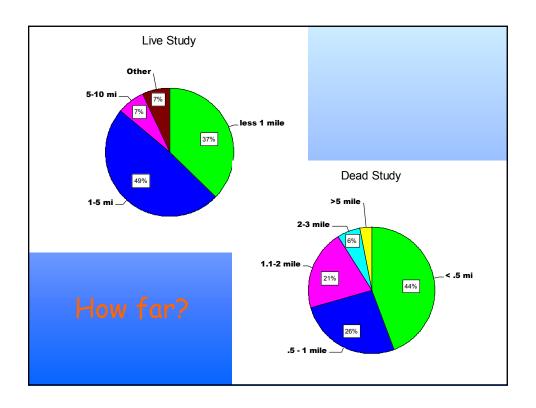
- field
- hitchhiked/quarry
- ravine
- construction site
- snowy ditch/road
  - wetland tree/brush

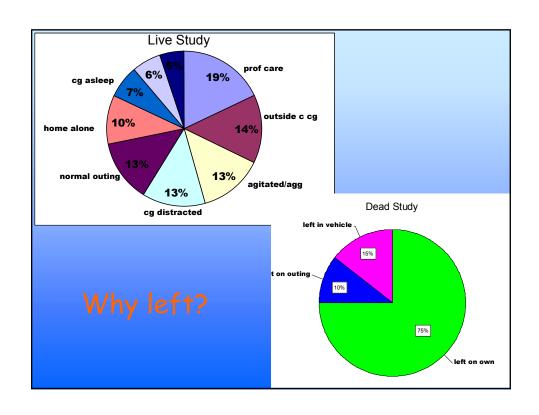


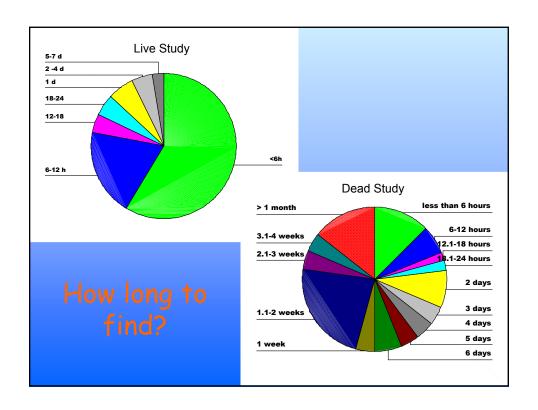
### Residence by state

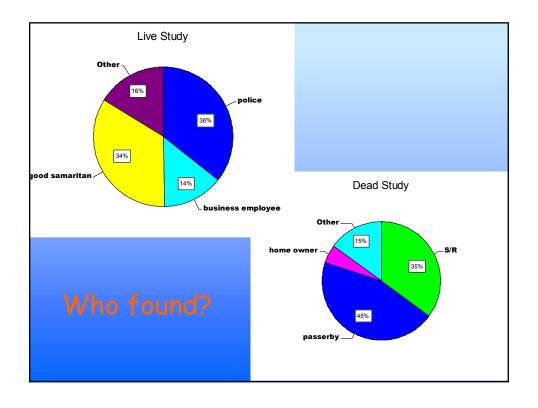
	Frequency	Percent
fl	7	14.0
ca	6	12.0
ar	3	ا م.ء
oh	3	6.0
wi	3	6.0
il	2	4.0
ms	2	4.0











### Individual Stories - walking

- ...was found by police around 4:30 am in lower Manhattan
- ...found on a sidewalk close to hospital...laceration on the back of his head
- ...had been found wandering around the street...he was completely naked (5:45 am Nov. 11 Michigan)

### Individual Stories - walking

- ...found wandering through the streets...officer suspected she is intoxicated
- ...found searching through the garbage in Brooklyn
- ...wandering down the street wearing a turtle neck shirt, pajama pants and socks
- ...walking down sidewalk completely naked

### Individual Stories - driving

...was found in Mexico driving his car...customs in Mexico stopped him

...apparently drove into San Bernadino county on his way to New York... stopped and asked a couple for directions to NY

### Individual Stories - found dead

....badly decomposed remains were found last night near the New Orleans airport...someone had called the police reporting a woman matching description \_\_\_\_ was seen being pursued by a vagrant male... preliminary autopsy reveals no foul play

....body found in the corn field behind the NH where he disappeared

## Individual Stories - found dead

....\_\_\_\_\_ reported that she was found dead hit by a train (left from a NH)

....\_\_\_\_was found in the woods, under a brush 1/2 mile from the NH where he lives ... gone from NH ~ 5 days

### Stories from searches

- officers searched all nearby areas but not successful; one officer went back on trail leading between buildings and saw what looked like a little footpath where some grass was bent over. The officer walked down the hidden trail to the edge of some water - the victim was back there floating in a swamp
- because the victim's body was found in bushes, the searchers at first didn't find him - he was hard to spot

#### Stories from searches

- the field where victim was found had been searched soon after her disappearance but she was not found. We were probably within 40 feet of her - you would have to walk right on top of her to find her.
- officers and dogs unsuccessfully combed the junkyard where victim was eventually found 300 yards from his home. An employee noted an odor coming from a car several days later and found the victim on the floorboard laying inside the car.

### Stories from searches

- victim was found 4 years after her disappearance by 2 youths playing in field about 1 mile from her home
  - despite a massive search that used tracking dogs, a heat-seeking helicopter and hundreds of volunteers, victim was not found
  - search was concentrated mostly to west of the home, not the south where she was found
  - psychics gave their impressions
  - family posted 15,000 fliers

### Successful search strategies

- develop a search strategy
  - cover an increasing circumference of where last seen
    - start with 1 mile
    - go out to 5 miles
    - > 5 mi unusual, but not usually associated with death unless driving
  - cover all possibilities within that range
    - streets, highways
    - residential yards
    - easily accessible buildings
      - convenience stores, hospitals
  - continue through night

### After initial search

- reconsider search strategy after
  - ~ 6 hours
  - identify natural areas within 1 mile range
  - conduct intensive search
    - must visually inspect every space
    - concentrate on secluded spaces
    - shoulder-to-shoulder through dense vegetation
    - don't leave any space out (junkyards, abandoned vehicles, roofs)
  - increase circumference to about 2 miles
- rework same area if not successful

### Conclusions

- community-wide effort required
  - caregiver education
    - register for Safe Return
    - use resources
    - pre-planned search strategy
  - health professional education
    - discuss problem with caregiver
    - require Safe Return registration
  - general public
    - education on identifying / helping at-risk elderly
    - education on Safe Return

### Conclusions, con't

- law enforcement
  - education on problems that result from dementia
  - education on effective search strategies

### FLIPS modules

- PowerPoint presentations
  - basic presentation
    - · caregivers, good samaritans, law enforcement
  - search strategies
    - law enforcement
    - search and rescue teams
- handouts
  - caregiver fact sheet
  - good samaritan fact sheet
  - search strategies fact sheet
- full presentation
  - www.alzonline.org expert forum expert forum archive

