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FLORIDA

The Future of Aging is Florida

Aging in the 21st Century

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UF Institute on Aging





Mr. Potato Head's 50th Anniversary!



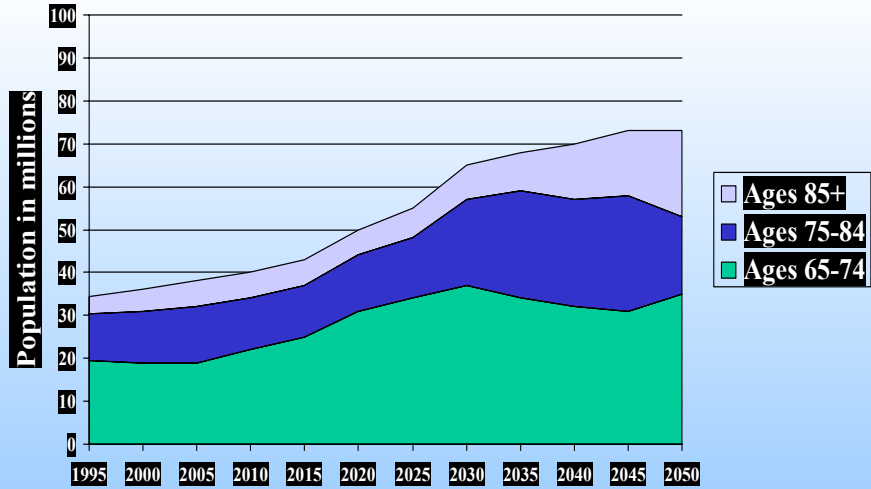
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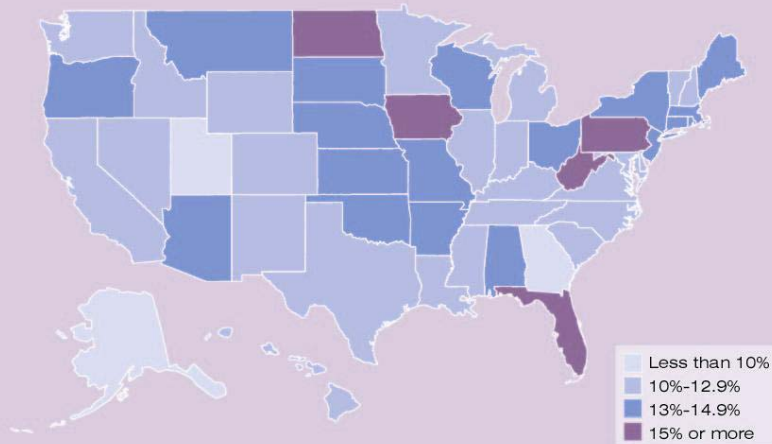
"Adding Life to Years"

- United States and International Demographic Context
- The Future of Aging is Florida . . . and the Future of Florida is Aging
- Opportunities for Community-Based Education and Intervention

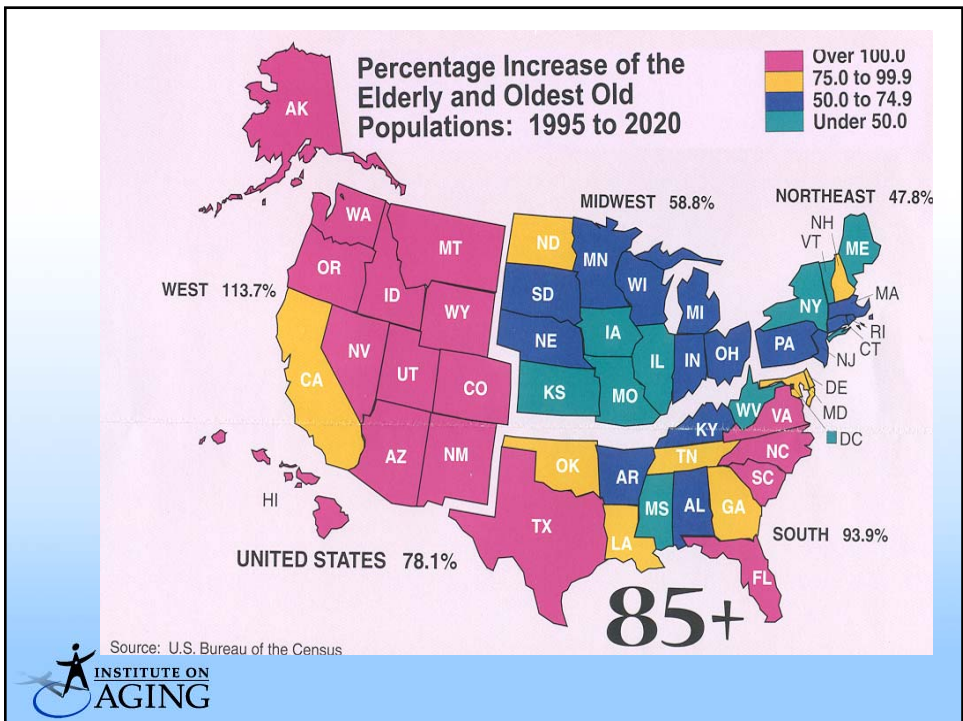
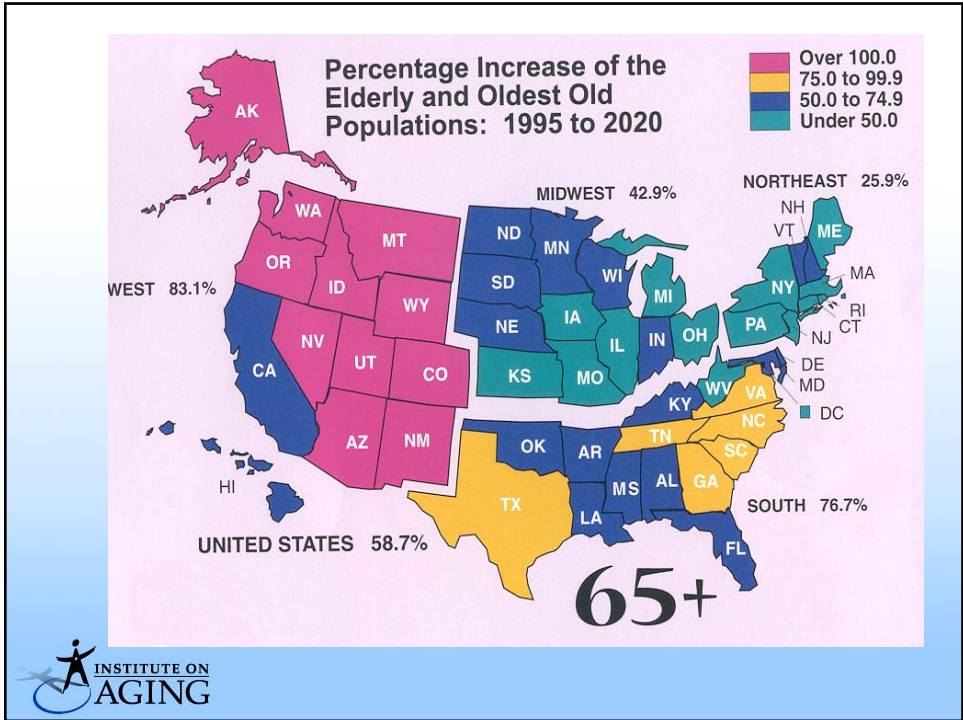
Projection of the U.S. Population by Age:1995-2050



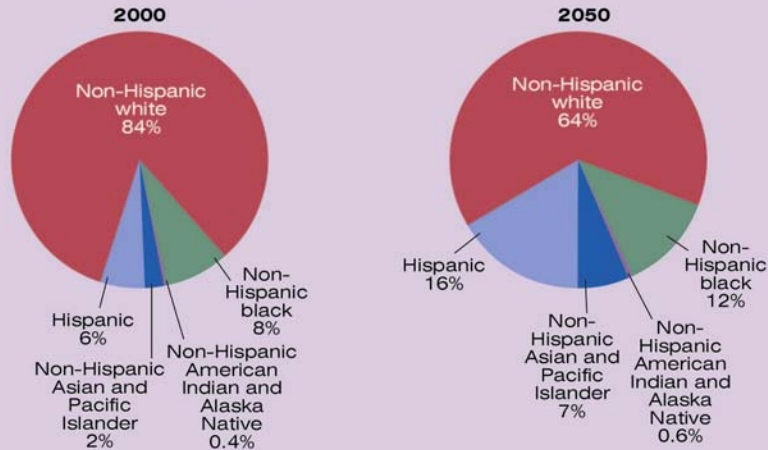
Percentage of the population age 65 and older, by state, 2000



Note: Data for the year 2000 are middle-series projections of the population.
Reference population: These data refer to the resident population.
Source: U.S. Census Bureau, Population Projections.



Projected distribution of the population age 65 and older, by race and Hispanic origin, 2000 and 2050

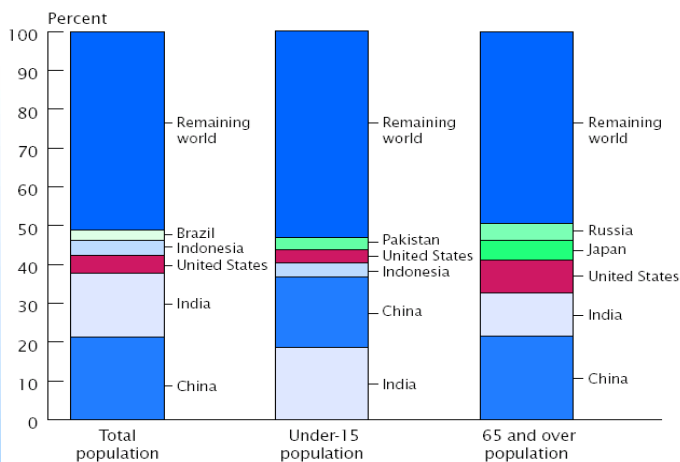


Note: Data are middle-series projections of the population. Hispanics may be of any race.
 Reference Population: These data refer to the resident population.
 Source: U.S. Census Bureau, Population Projections.



Distribution of the World's Population: 2000

(For information on confidentiality protection, nonsampling error, and definitions, see www.census.gov/prod/cen2000/doc/sf1.pdf)



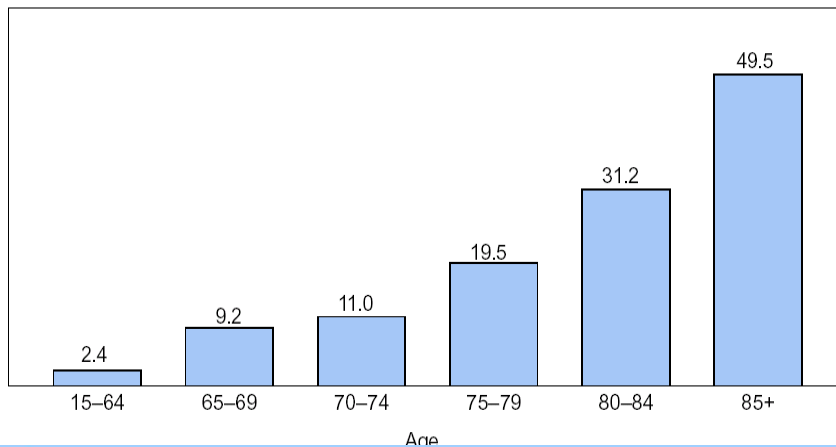
Source : U.S. Census Bureau, International Data Base; Census 2000 Summary File 1; United Nations, 1999, *World Population Prospects: The 1998 Revision*, ST/ESA/SERA/180, New York, for the age-sex distribution of some countries in 1990.



**“The future ain’t what it used to be . . .
and besides,
It’s way ahead of schedule.
- Yogi Berra**

**Percent of Persons Needing Assistance With
Everyday Activities by Age: 1991**

(Civilian noninstitutional population)



Percentage of persons age 65 or older with moderate or severe memory impairment, by age group and sex, 1998



Note: Definition of moderate or severe memory impairment: four or fewer words recalled (out of 20) on combined immediate and delayed recall tests.
 Reference population: These data refer to the civilian noninstitutional population.
 Source: Health and Retirement Study.



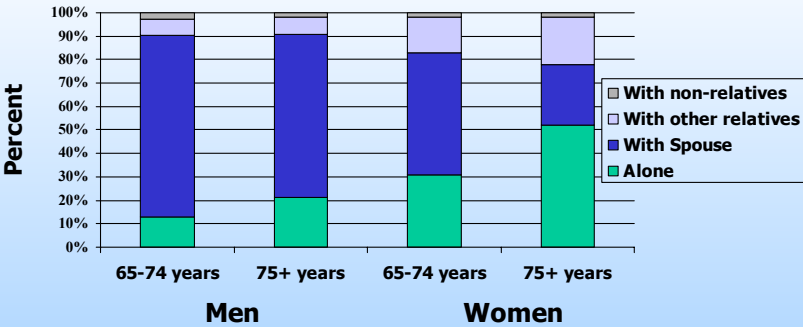
Percentage of persons age 65 or older with severe depressive symptoms, by age group and sex, 1998



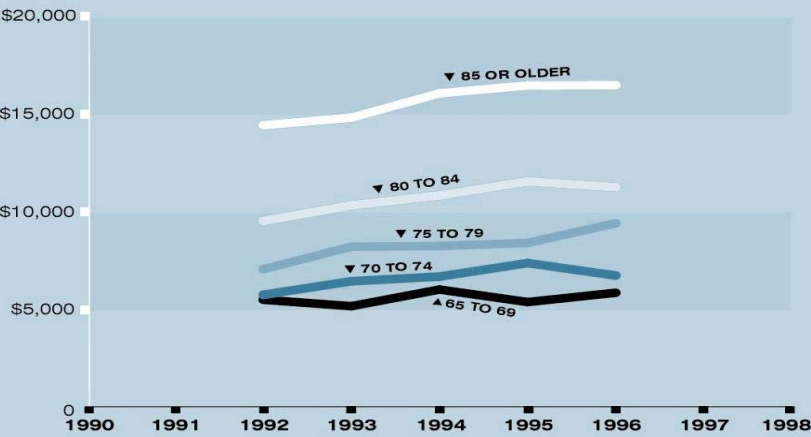
Note: Definition of severe depressive symptoms: four or more symptoms out of a list of eight depressive symptoms from an abbreviated version of the Center of Epidemiologic Studies Depression Scale (CES-D) adapted by the Health and Retirement Study.
 Reference population: These data refer to the civilian noninstitutional population.
 Source: Health and Retirement Study.



Living Arrangements of Older Men and Women



Average health care expenditures among Medicare beneficiaries age 65 or older, in 1996 dollars, by age group, 1992 to 1996



Note: Data include both out-of-pocket expenditures and expenditures covered by insurance. Reference population: These data refer to Medicare beneficiaries. Source: Medicare Current Beneficiary Survey.

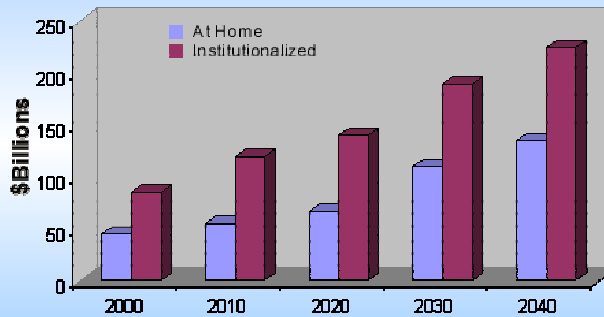


**The Future of Aging
is Florida . . .
and
the Future of Florida
is Aging**



- **676 NHs/82,820 Beds**
- **75,000 ALF**
- **450,000 in Poverty**
- **750,000 Mobility/Dementia**
- **33% Live Alone**
- **\$1.634B Medicaid NH 2000**
- **80% of LTC provided by Family**

The Rising Cost of Long Term Care

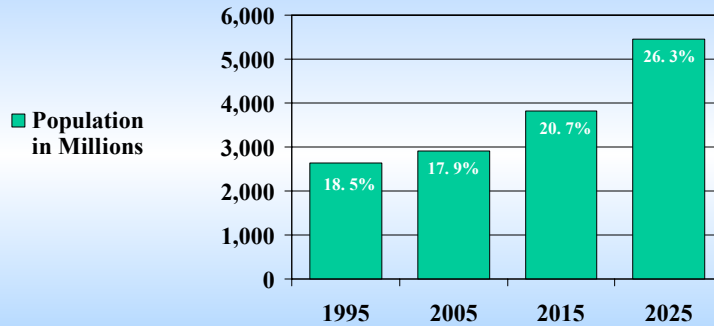


Florida's Long-Term Care Crisis



- **88/12 Ratio (NH/Alternatives)**
- **20% of NHs in Bankruptcy**
- **Liability Insurance + 1400%**
- **Chapter 400**
- **Public Perception**
- **Staffing/CNAs (\$7.84/hour)**
- **Non-Profit/For Profit/ALF**

Florida: 65+ Population



Long-Term Solutions



- Increase Funding & Staffing
- Require Palliative Care/Hospice
- Balance NH/Alternatives
- Applied Research
- ILR/Senior Games/M. Gardener
- Single Point of Entry
- Social & Behavioral Int's
- Elders AND Families

**Do not follow where
the path may lead.
Go, instead, where
there is no path and
leave a trail.**

- Anonymous



IoA & World Class Research



- **Well Being Across Time: Examining Social Change**
- **Health and Aging: Caring as a Model**
- **Independent Living: Increasing Quality of Life**
- **Ageing Mind: Self and Cognition in Context**





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“Adding Life to Years”

**“One cannot control the length of life, but
he can have something to say about its
width and depth.”**

- *William Shakespeare*