
Final Wishes

End-of Life Decisions

Sarah's Story

- *If only I knew what Mother would want, it would be a lot easier to decide...*
 - *The doctors asked Sarah what she wanted them to do...*
 - *“How can anyone make that decision?”*
 - *How could I know what my Mother would have wanted?*
-

Personal Beliefs about Life and Death

- Think about your beliefs
 - Share with important others
 - Act on your beliefs
-

Think About Your Personal Belief System

- How does my moral/ethical belief system help me to interpret life and death?



Share Your Personal Belief System

- Does my family know what I would want?
 - Who do I trust most to stand up for my wishes?
-

Take Action

- How can I protect my family from making these decisions during a time of crisis?
 - How can I be certain everyone will respect my final wishes?
 - Who must I share this information with?
-

Tools and Terms to Express Your Final Wishes

- Living Will
 - Power of Attorney
 - Health Care Representative
 - Medical Surrogate or Health Care Surrogate
 - Ethical Will
-

Five Wishes®

- Workbook format
- Easy to read and complete
- Family package with video
- Cost \$5/single copy; \$1 @ 25+ copies*
- English and Spanish
- Available:
 - 1-888-5-WISHES
 - www.agingwithdignity.org

*Prices subject to change

Five Wishes®

- Attorney not needed
- Legal in 37 states and DC –including Florida



Express your final wishes in 5 key areas...

1. I want _____ to speak for me as my health care agent.
 2. The kind of medical treatment I want and/or do I not want.
 3. My expectations for comfort care.
 4. How I want people to treat me when I am dying.
 5. What I want my loved ones to know about me.
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Five Wishes [®]

- Aging with Dignity
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Credits

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